



QuadMed Health & Wellness Centers

<https://secure.myquadmedical.com>

*Primary care for the entire family at **no charge**.*

The Health & Wellness Centers in Alexandria, Peru and Yorktown are all full-service medical centers, located near your workplace. The health and wellness centers provide you and your family with access to convenient, high-quality healthcare. They are operated by a separate company, QuadMed. QuadMed is a nationwide leader in employer-sponsored, onsite health care with nearly 25 years of experience in providing superior care for employees at or near their workplace.

Use of the Health & Wellness Centers is voluntary and completely confidential.

- You can make a health and wellness center your primary source of healthcare and make a QuadMed provider your PCP.
- You can continue to see your current PCP and use a health and wellness center whenever it is convenient for you. If you use a health and wellness center, with your written permission, we can provide your doctor with notes from your visit so your care doesn't miss a beat!
- Need to see a specialist? We'll refer you to a provider in the community who can take care of your special healthcare need.

All of the healthcare professionals are hired by and are employees of QuadMed. Patient confidentiality and HIPAA privacy laws are strictly adhered to. Your medical information is held in complete confidence and cannot be shared without your written permission.

Manage your family's healthcare with MyQuadMed – Your secure, online health connection.

Visit <https://secure.myquadmedical.com> to:

- Schedule appointments for yourself or your eligible family members.
- View your health records.

The Health & Wellness Centers, managed by QuadMed, provide you and your family with access to high-quality healthcare, conveniently located near your school or home.

High-quality care

For employees enrolled in the medical plan and their covered spouses and dependents (ages 4 and up)

- Primary Care
- Preventative Care
- Sick/Acute Care
- Routine Lab Services

\$0 co-pay

Primary Care/Family Medicine:

- Physicals (e.g. annual, sports, etc.)
- Generic medications
- Personalized health and wellness coaching
- Basic lab work
- Specialty referral

Lab Services Onsite:

- Urinalysis
- Strep screen
- Pregnancy testing
- Mono
- Glucose
- Cholesterol

Sick/Acute Care:

- Flu/colds/coughs
- Strep/sore throat
- Abdominal pain/upset stomach
- Bladder/urinary tract infections
- Bronchitis
- Sinus infections
- Fever
- Headaches
- Ear/eye infections
- Minor burns
- Cuts and contusions
- Rashes
- Muscle strains/sprains

ALEXANDRIA HEALTH & WELLNESS CENTER

112 S Harrison St
Alexandria, IN

Monday: 6:30 a.m. - 2:30 p.m.

Wednesday: 11 a.m. - 7 p.m.

PERU HEALTH & WELLNESS CENTER

19 Park Dr
Peru, IN

Monday: 1 - 7 p.m.

Tuesday: 8 a.m. - 12 p.m., 1 - 7 p.m.

Wednesday: 8 a.m. - 2 p.m.

YORKTOWN HEALTH & WELLNESS CENTER

8800 W Smith St
Yorktown, IN

Tuesday: 6 a.m. - 2 p.m.

Thursday: 11 a.m. - 7 p.m.

**For more information or to schedule an appointment, contact QuadMed Patient Support:
Call 888.417.1001 or visit <https://secure.myquadmedical.com>.**